



ISSUE 20 :: SEPTEMBER 2007

CHP+ HIGHLIGHTS

A Resource for CHP+ Community Partners

BREAKING NEWS

CHP+ implementation of Senate Bill 07-004

The past legislative session, which ended in May of 2007, brought about several changes for the CHP+ program. One of the most substantial changes is the implementation of Senate Bill 07-004, Coordinated System of Payment for Early Intervention Services for Children, which is effective November 1, 2007. Senate Bill 07-004 specifically deals with Part C Early Intervention Services, covering children from birth until their third birthday that have a developmental disability or developmental delays. This bill has established an interagency cooperating agreement between the Department of Education, Health Care Policy and Financing, the Department of Public Health and Environment, the Department of Regulatory Agencies and private health insurance carriers. These agencies will use both public and private funds to ensure access to necessary services for these children.

Children who are identified as having a developmental delay or a development disability from birth through their third birthday will be referred into the Part C system. A referral into the Part C system can come from virtually any source including but not limited to a parent, relative, physician, day care, etc. Once a child is referred into the Part C system a Community Center Board Service Coordinator will complete an Individualized Family Service Plan (I.F.S.P.) detailing exactly what services the child needs.

There are ten types of services which are available in the Part C Early Intervention Services system. These services include: audiology services, developmental intervention, health services, nutrition services, occupational therapy, physical therapy, psychological services, social emotional services, speech-language pathology and vision services. All services provided must be medically necessary. The child will be referred to providers that specialize in these areas as necessary and will begin treatment within 28 days of eligibility determination.

The CHP+ program is lifting the limitation on the number of visits for occupational, physical and speech therapies for children with developmental delays and disabilities from birth up to their third birthday. The CHP+ program currently has a limit on the number of visits set on each of these therapies for accident or illness only. By lifting the capitation on occupational, physical and speech therapy, and opening this benefit to children with developmental delays and disabilities, children will be able to receive needed services which should help with their development as they grow.

If you have questions on how CHP+ is implementing Senate Bill 07-004 please contact Amy Scangarella at 303-866-3856.

CHP+ News

CHP+ enrollment numbers

CHP+ enrollment may appear to have dropped, but it hasn't! As of July 1, 2007,

IN THIS ISSUE

- CHP+ News
- Health Tip
- Test Your CHP+ Knowledge
- Community Events
- CHP+ Partner Spotlight
- Meet the ROC Team
- CHP+ Resource Contact Information

RESOURCE CONTACT INFORMATION

If you are interested in learning more about CHP+, please contact one of our Regional Outreach Coordinators to set up a presentation or training session, or to invite CHP+ to participate in a special event in your community.

***Indicates the person is fluent in Spanish or the organization has Spanish-speaking customer service representatives.*

Denver Metro Region – Adams, Arapahoe and Douglas counties:

the Department of Health Care Policy and Financing began reporting CHP+ enrollment differently to be in line with Medicaid reporting. It is now a real time snapshot of enrollment as of the end of the month.

More information can be found at www.chcpf.state.co.us ([click here to download the PDF](#)).

CHP+ eligibility information

A child is only eligible for CHP+ if he/she is uninsured at the time of application.

If a child had health insurance coverage before, and an employer paid 50 percent or more of the insurance premium for the children, the family must end the child's coverage and wait 90 days before applying for CHP+.

This is a State law and is to discourage employers from dropping family health insurance coverage.

If the family is paying 50 percent or more of the child's insurance premium, the family must terminate the coverage and can apply once the coverage has ended. The child must meet all eligibility requirements before being enrolled in CHP+.

A family can be eligible once there is no health coverage for a child due to a change in or loss of employment or the employer no longer offers coverage.

Vision Discount Program

The Vision Discount Program began on July 1, 2007. This discount program is at no charge to the Department or the CHP+ members, it is the courtesy of Delta Dental and their partnership with EyeMed Vision Care.

This discount card is in the Dental packet that the CHP+ members receive. It is not to be used in conjunction of the existing vision benefits through the HMOs, it can be used once those benefits have been exhausted. This discount card can be used at Lens Crafters, Sears Optical, Target Optical, Pearl Vision and other Private Practitioners who accept this.

Address changes

To make an address change, CHP+ members need to call CHP+ customer service at 1-800-359-1991.

New fact sheets available

The Department has created three new fact sheets designed specially for the media and legislators. We would like to share these with our professional community partners as well. We have heard these may be helpful for internal trainings with staff.

The fact sheets are on CICIP, CHP+ and Family Medicaid. Also available is a new Family Medicaid income chart which has been revised. To download the fact sheets and Medicaid income chart, click on the appropriate link below:

- [CICP Fact Sheet](#)
- [CHP+ Fact Sheet](#)
- [Family Medicaid Fact Sheet](#)
- [Medicaid Income Chart](#)

HCPF welcomes new team member, Rebecca Schreiber

Ileana Perez**
720-940-6969
[Email](#)

**Denver Metro
Region – Denver,
Jefferson and Park
counties:**

Suzette Elledge
303-909-2010
[Email](#)

Southwest Region:

Kari Smith
970-759-0577
[Email](#)

Northwest Region:

Candice Talkington
970-260-3880
[Email](#)

Southeast Region:

Mary Rivera**
719-251-1791
[Email](#)

Northeast Region:

Kathy Anderson
970-526-2991
[Email](#)

**North Central
Region:**

Nikki Smyrl Gross**
970-420-9058
[Email](#)

**CHP+ Customer
Service**

1-800-359-1991**

CHP+ HMO

Contacts:

*CHP+ State Managed
Care Network –
Anthem***
1-877-523-8171

Colorado Access**

1-888-214-1101

HCPF is happy to announce that Rebecca Schreiber has joined the CHP+ team as the Eligibility and Enrollment Contract Manager. Rebecca will be managing the CHP+ ACS contract. She comes to HCPF from Great West Health Insurance and previously worked on the CHP+ program at Anthem BCBS. She can be reached at Rebecca.Schreiber@state.co.us or 303-866-3877.

Health Tip

Making Room for More Happiness in Your Life

by David B. Bohl, Lifestyle Mentor, Personal Coach, Author, Educator, and Entrepreneur.

Unhappiness has many faces. The enraged driver in the car behind you, red-faced, fists flailing and horn honking. The exhausted parent at the grocery store who can't seem to get the kids to sit quietly in the cart. The disgruntled worker slumped at his desk, mindlessly Internet-surfing the hours away and growing more agitated by the minute. The relationship partner who feels unappreciated and misunderstood, and wants to shout it angrily to the world.

How many times have you been one of the people mentioned above? You know the feeling. You're unfulfilled, aggravated, bored or impatient. The obstacle that stands in your way seems insurmountable. Maybe this is a temporary, fleeting condition that comes and goes. But maybe not.

For many of us, unhappiness is something that we're becoming more and more familiar with in our lives . . . a chronic condition that we simply accept as par for the course. But just because dissatisfaction and frustration feels familiar, does that mean that it should be part of our daily existence?

Tips for Letting Happiness into Your Life

1. Learn to see the glass as half full.

Next time you feel a complaint or negative thought coming on, put it into perspective. For example, suppose your tire went flat, causing you to be late for work this morning. Instead of dwelling on the inconvenience that this caused you, look on the bright side. Perhaps your car was in need of all new tires before the snow season, and this was the catalyst that finally got you to check off that task. Chances are, in the grand scheme of things, this is a minor mishap that isn't worth getting worked up or stressed out over . . . and the disruption of your normal routine may have left room for a welcome turn of events.

2. Forget about needing to always win the argument.

Humans have a tendency to be overly self-protective. If someone says something that appears to be out of line with our own remarks, ideas or wishes, we grow defensive and confrontational. But what do you think would happen if, next time you felt provoked or attacked, you put aside your feelings and calmly steered yourself away from the situation? What if you simply said, "It's too bad someone does not share my views, but this is not a cataclysmic event. I don't love what just happened, but I can live with it"? We would likely be amazed at the amount of energy saved if we just learned to let go and move on, instead of dwelling on small, petty misunderstandings that are best forgotten anyway.

**Denver Health
Medical Plan****
720-956-2100

**Kaiser
Permanente****
1-800-632-9700

**Rocky Mountain
Health Plans****
1-800-346-4643

Delta Dental**
303-741-9300
or
1-800-610-0201

MAXIMUS Contacts:

CHP+ marketing and outreach operated by MAXIMUS

MAXIMUS Manager of Marketing and Outreach for CHP+
Christine Dauchot
303-830-3558

[Email](#)

MAXIMUS Project Director

Sally Harmon
303-830-3550

[Email](#)

The Bawmann Group Contact:

Media relations and advertising services for CHP+

Vice President of Client Services

Tammy Stratton
303-320-7790

[Email](#)

**Colorado
Department of
Health Care Policy &
Financing (HCPF)**

Contact:

3. **Don't worry if not everyone understands or appreciates you.**

We all want to be recognized, appreciated, and validated. But ask yourself honestly: if you received two emails right now, one delivering a message of thanks and praise for your work, and another suggesting you were at fault in some way... which one would you feel the need to respond to immediately? Which one would you spend the rest of your day dwelling on? Most people have a real sore spot when it comes to their ego. However, chances are that whatever slight you received, whatever minute thing you may have been condemned for, speaks volumes about the person giving out the criticism, not you. Is it worth letting small-minded people get the best of us? Or is it better to take the high road and seek out more fulfilling relationships, with people who connect with our ideas, respect our opinions and admire us for our strengths?

4. **Put emotion in the passenger's seat and let logic and reason take the wheel.**

When we're experiencing feelings like those mentioned in the opening paragraph, we tend to act in ways that sabotage our success. We fall into a bad pattern of negative thoughts and behavior which becomes a vicious cycle. The trick for getting out of this is to learn to think with the logical, rational side of our brain instead of our emotions. Sometimes it's helpful to practice mentally "removing ourselves" - literally, imagining if this same thing happened to a friend or even a complete stranger. What advice would you give this person? How can you put an unbiased spin on the circumstance to solve the problem or resolve the issue . . . without causing further discomfort to any involved parties?

When passion and positive energy drive our actions, we accomplish amazing things. And if you're like most people, you'll recognize that there is no good or useful reason why a negative, self-defeatist outlook should set the tone for the rest of your life. The beauty of "practicing" how to be happy is that, like anything else, the more we do it the easier it gets. And pretty soon we no longer have to "try" to be happy. We simply are.

Test Your CHP+ Knowledge

Are you a CHP+ expert? Here are a few questions to put your CHP+ knowledge to the test. The answers can be found near the bottom of the newsletter.

1. Name a service which will be available in the Part C Early Intervention Services system.
2. How does a CHP+ member make an address change?
3. Has CHP+ enrollment dropped?
4. Can a child have health insurance and still be eligible for CHP+?

Community and Training Events

For more information about community and CHP+ training events or to share news of a community event contact the Regional Outreach Coordinator in your area.

Denver Metro Region – Adams, Arapahoe and Douglas counties:

October 6, 9:00 a.m. – 4:00 p.m.

*Public Information
Officer*

Joanne Lindsay
303-866-3144

[Email](#)

*Your feedback is
important to us. If you
have any suggestions
for upcoming
newsletters, please
[email Tammy Stratton.](#)*



Our Health Matters Health Fair
Rachel B. Noel Middle School
Denver County

October 24, 9:00 a.m. – 12:00 p.m.
2007 Resource Roundup Adams County
Adams County Social Services
Adams County

Denver Metro Region – Denver, Jefferson and Park counties:

October 20, 8:00 a.m. - 12:00 p.m.
Community Health Fair
St. Joseph Catholic Church
Jefferson County

October 13, 8:30 a.m. - 1:00 p.m.
Colorado Walk Now for Autism Event
INVESCO Field
Denver County

Northwest Region:

October 5, 3:00 p.m. – 6:00 p.m.
City Market Enrollment Event
Mesa County

October 9, 10:00 a.m. – 2:00 p.m.
Marillac Clinic Enrollment Event
Mesa County

October 13, 9:00 a.m. – 2:00 p.m.
Mesa County Health Fiesta
Lincoln Park Barn
Mesa County

Southeast Region:

October 12, 8:30 a.m. – 11:30 a.m.
Child Find
King of Kings Lutheran Church
Pueblo County

October 18, 4:30 p.m. – 6:30 p.m.
Evening Immunization Clinic
SET Family Clinic
El Paso County

October 20, 9:00 a.m. – 1:00 p.m.
Tri-Lakes Community Health Fair
Lewis Palmer High School
Monument

Northeast Region:

October 11, 9:00 a.m. – 3:00 p.m.
Healthy Child Clinic
By appointment, call 970-522-3741
Logan County

October 29, 9:00 a.m. – 1:00 p.m.

Health Child Clinic

By appointment, call 970-474-2619 118

Sedgwick County

CHP+ Spotlight

We would like your help! If you know of community organizations doing great things for CHP+ please nominate them to be featured in the CHP+ Spotlight section. To make a nomination today, simply email chpplushighlights@morethanpr.com. Please include your contact information, the name of the organization(s) you are nominating and the contact information for each organization, if available. Thank you!

2-1-1 Infoline of Western Colorado

Everyday families are seeking local information about childcare, food, financial assistance, health insurance and shelter. In order for families to find information about each of these resources on their own, they would spend hours navigating through a web of confusing phone numbers and searching through community newspapers and publications.

2-1-1 Infoline is a free national service designed to alleviate the stress for families when they are seeking resources in their community. Anyone who is in a supported area can dial 2-1-1 and get local information based on that family's individual need. While it is a national service, each Infoline is administered locally to ensure families who are calling are getting the most recent and local information available. Sponsored by United Way of Mesa County and the Early Childhood Partnership of Mesa County, 2-1-1 Infoline of Western Colorado serves nine counties in Western Colorado.

Dani Corbin is the shining star of 2-1-1 of Western Colorado, and has been instrumental in helping 2-1-1 grow to the abundant source of information it is now. When asked how 2-1-1 serves families who qualify for CHP+, Dani proudly pointed out, "Families call in with all types of concerns or needs. Sometimes the need for health insurance will come out of a conversation about childcare. That gives me the opportunity to provide information about a plethora of resources in one call. Additionally, when families requests information about childcare resources, 2-1-1 of Mesa County will mail out information about CHP+ along with childcare resource packets."

For Dani, each call, regardless of the reason, is an opportunity to share information about CHP+. In addition to her work with 2-1-1, Dani also serves on several local community coalitions. Dani says, "Strong community partnerships are the key to passing along the most complete and current information along to callers seeking information."

Test Your CHP+ Knowledge – Check Your Answers:

1. There are ten types of services which will be available in the Part C Early Intervention Services system. These services include: audiology services, developmental intervention, health services, nutrition services, occupational therapy, physical therapy, psychological services, social emotional services, speech-language pathology and vision services.
2. To make an address change, CHP+ members need to call CHP+ customer

service at 1-800-359-1991.

3. No, the Department is just calculating CHP+ enrollment differently.
4. No, a child is ONLY eligible for CHP+ if he/she is uninsured at the time of application.

To subscribe or unsubscribe from the newsletter:

Send an email with "Subscribe" or "Unsubscribe" in the subject line to chpplushighlights@morethanpr.com.

©Copyright 2007, Child Health Plan *Plus*